

# Rimrock Trails Adolescent Treatment Services

1333 NW 9<sup>th</sup> St  
Prineville OR 97754

[www.rimrocktrailsats.com](http://www.rimrocktrailsats.com)

Phone 541.447.2631  
Fax 541.447.2616

## WHAT TO BRING

### Personal Belongings/Clothing

The following are the maximum amount of items allowed. Clients should bring enough clothes to last through a 7-day week. The staff at Rimrock Trails will determine if clothing is appropriate. If there are any questions or concerns please talk with the Intake Coordinator or Residential Program Manager prior to intake.

Items	Parent Check List	Staff Checklist (Total)
1-2 pair of modest pajamas or nightwear		
6-10 bottoms (jeans, slacks, skirts, sweatpants or shorts) (Required)		
6-10 tops (t-shirts, blouses, sweatshirts or sweaters) (Required)		
2 dresses-females (must be no more than 2 inches above knee with conservative neckline and not see through) Optional		
7-10 pairs underwear (Required)		
5-7 bras-females (Required)		
7-10 pair socks or nylons (at least one pair should be wool socks. (Required)		
1 pair hiking boots (Required)		
1 or 2 pair tennis shoes (Required)		
1 pair house slippers or rubber thongs (Required)		
1-2 belts (Required)		
2 coats/jackets (1 heavier and 1 lighter weight) (Required)		
2 hair ties (females and males)		
Nail clippers and tweezers		
Social Security card (Required)		
Original Birth certificate Or Copy with DHS Stamp "Viewed Original" (Required)		
Insurance card Or Current OHP (required)		
Updated immunization record (Required)		

<b>Prescription medication with current label or Dr.'s prescription (Required), if it applies</b>		
<b>Current School Transcripts</b>		
<b>Phone card - Long Distance (Required)</b>		
<b>PERSONAL CARE ITEMS (NEW UN-OPENED) Contains NO ALCOHOL</b>		
<i>Hygiene products are limited to ONE ONLY of each product listed (ex., One bottle of shampoo, one conditioner, etc.).</i>		
<b>Shampoo/Conditioner</b>		
<b>Face Wash</b>		
<b>Tooth Brush/Paste &amp; Dental Floss</b>		
<b>Chap Stick (No Lip Gloss)</b>		
<b>Bar of Soap</b>		
<b>Hair Brush/Comb</b>		

### Miscellaneous

Items	Parent Check List	Staff Checklist (Total)
<b>Pictures of family members only (no more than 5)</b>		
<b>Address book</b>		

# **Rimrock Trails ATS, Prineville, OR**

## **WHAT *NOT* TO BRING**

- ❖ **No expensive items**
- ❖ **No personal money, (clients earn an allowance while in residence)**
- ❖ **No overly baggy clothes**
- ❖ **No skin tight clothes**
- ❖ **No tank tops, halter tops, muscle shirts, low neck line tops or sleeveless shirts**
- ❖ **No clothes with holes, rips or frayed edges**
- ❖ **No clothes which promote drugs, tobacco, violence, negative attitudes, gang activity, satanic or hate symbols, or groups known as drug using or violent groups**
- ❖ **No solid white t-shirts**
- ❖ **No short shorts or spandex**
- ❖ **No cutoffs above front pockets**
- ❖ **No two-piece swimsuits (females)**
- ❖ **No bandannas**
- ❖ **No bed linen (bed spreads, sheets, pillows, etc.) these will be provided**
- ❖ **No washcloths or towels, these will be provided**
- ❖ **No fingernail polish or remover**
- ❖ **No products with alcohol i.e. mouth wash, after shave, etc.**
- ❖ **No aerosols including hair sprays**
- ❖ **No laundry supplies, laundry detergent and bleach will be provided.**
- ❖ **No ink pens**
- ❖ **No music (tapes, CD's, Tape/CD players or Walkmans/I-Pod's)**
- ❖ **No televisions, VCR's, videos or electronic games**
- ❖ **No skateboards or bicycles**
- ❖ **No nicotine cessation aids (gum, patches, inhalers or herbal chew)**
- ❖ **No lip glosses of any kind**

**The following items will be provided by Rimrock Trails for our clients: Pencils, paper, envelopes, stamps, and personal hygiene (available if needed) supplies (including feminine products).**

**A prescription or doctors orders will be needed if a client request a specialized shampoo, deodorant, toothpaste, etc.**